

### TIP 1.



Turn the thermostat down  
– For each degree you cut the thermostat, expect to cut bills by around 4%, saving you around £65 a year on average!

### TIP 2.



Use the timer on your central heating, and set it for the morning and evening rather than leaving it on all day. Try not to use electric fan heaters.

### TIP 3.



Save energy on your cuppa  
– Put cold water into a mug first then into the kettle to gauge the correct amount for the number of cups.

### TIP 4.



Turn your washing machine down – Reduce the temperature to 30°C to save energy.

### TIP 5.



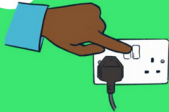
Try and use less hot water  
– Having a shower instead of a bath can result in a huge saving over a year.

### TIP 6.



When cooking meals in the oven, try and share it with a housemate and cook multiple meals at once to save energy.

### TIP 7.



Turn appliances off at the plug to save an average of £30 a year. Households with more gadgets could see annual savings reach between £50 and £80.

### TIP 8.



Wasting warm water charges you twice – once for the water, and once for heating it – unnecessarily adding to your bill.

**Now You're  
An Energy  
Saving  
Master!**



Putting these smart habits into practice will help to keep your energy consumption and bills in check!

